



Elderberry Plant

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Introduction

The red elderberry is a medicinal plant. It has been around for generations. The red elderberry is a very big plant, it grows like a tree and lives in the Cascade Mountains.

The elderberry is a very interesting plant.

Plant Properties

The red elderberry is a medicinal that has been used for many years.

The native people of the northwest coast used it as a good source of food and medicine. The berries of the plant have a good source of vitamin C and A.

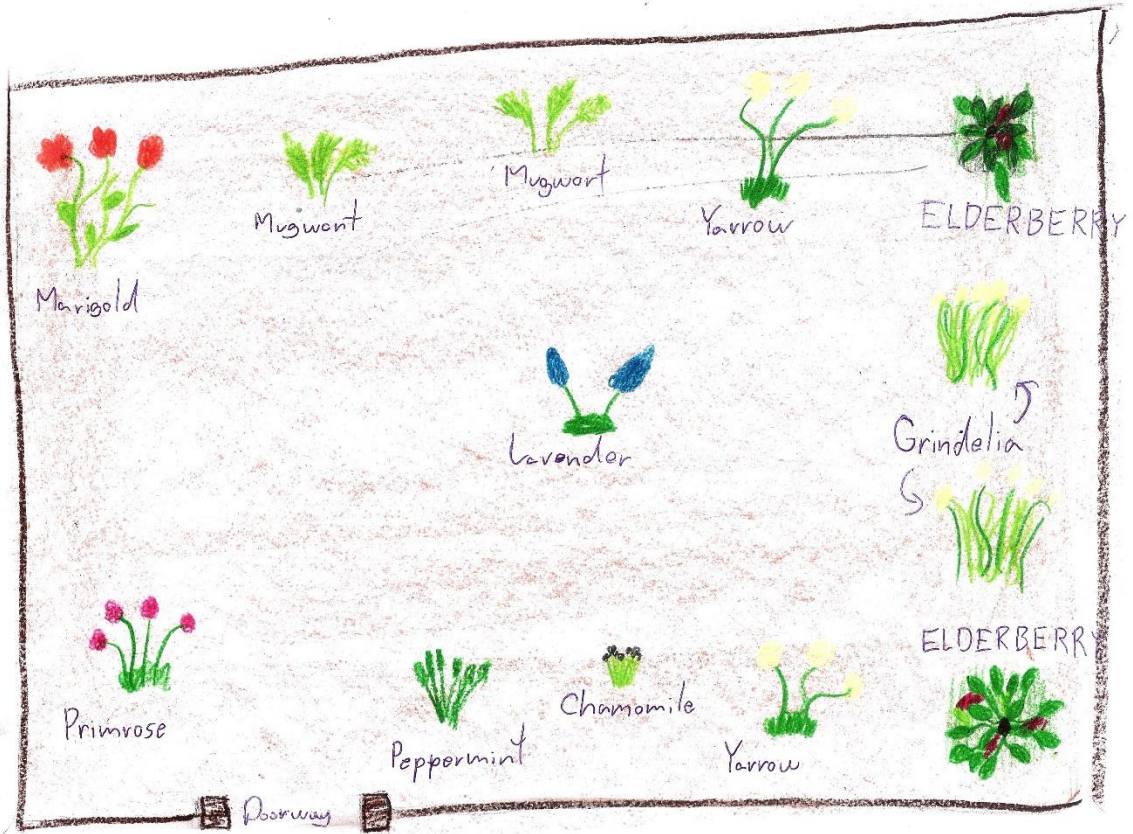
These berries are very good for you, just make sure to cook them first or you might get nauisies. You can make many things with elderberrys, such as, pies, pancakes, serup, and whine.

Environment

The habitat that the elderberry lives in and thrives in are moist areas next to rivers and woodlands. It likes wet soil and sunny drained places. The elderberry creates shade for animals in the forest. The elderberry flowers from May-September and grows fruits from July-October. The elderberry lives in moist woodland areas and has many uses.

Conclusion

The red elderberry is a very interesting plant. The medicinal uses are limitless. They have a great source of vitamin C and A. You can find the elderberry in forests and next to rivers. Many animals that help the water shed eat the plant. It also provides shelter for many animals. With so many uses and such a great place the elderberry was very convenient for the natives.



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